



## Waiver/Release

I know that running a road or trail race is a potentially hazardous activity. I should not enter and walk or run unless I am medically able and properly trained to run the distance of this event,. I understand that the weather conditions can be icy, wet and slick and there is a danger of weather-related injury or even death. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of the weather including icy, wet and slick conditions, traffic and the condition of the trails, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Homestead Running Club, Road Runners Club of America, Homestead National Monument of America, Anytime Fitness, UNL 4H & UNL Extension, and all volunteers from all claims or liabilities of any kind arising out of my participation in this event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs or any other record of this event for any legitimate purpose.

\_\_\_\_\_  
Signature/Date

\_\_\_\_\_  
Signature Parent/Guardian if under 18/Date

Check us out on Facebook!

**THANK YOU TO OUR SPONSORS and Contributors:** Race hosted by the Homestead Running Club, UNL Extension/Gage County 4H and Homestead National Monument of America.  
**Race sponsor: Anytime Fitness**



**Homestead Running Club**



**933 Prairie Lane  
Beatrice, NE 68310  
402-641-5746**



**Saturday, October 25, 2014**

**Homestead National  
Monument of America  
Beatrice, Nebraska**





**Saturday, October 25, 2014**

Enjoy a run on the scenic trails of the beautiful tall grass prairie at Homestead National Monument of America!



**1 Mile Run/Walk  
5K & 10k**

**Saturday, October 25**

**Location:** Registration & Race Location.  
Homestead National Monument of America  
Education Center. 8523 W. State Hwy 4,  
Beatrice, NE 68310 (Approx. 4 miles West of  
Beatrice)

**Registration:** 8:00 –8:45 a.m. Race Day en-  
trants accepted.

**Starting times:** 1 MILE will start at 8:45 a.m.  
with 5K and 10K at approx. 9:00 a.m. to allow  
parents/participants to run with child for the 1  
mile.

**Awards:** Participant medals for all 1 mile  
runners youth

- Award for top 3 boys/girls in 1 mile
- Award for top 3 men/women in two  
categories (39/U and 40/O) in 5K and 10K

**For further information contact:** Julie Feist  
402-641-5746 or [julie.feist@fcsamerica.com](mailto:julie.feist@fcsamerica.com);  
Shannon Petersen [runnerforfunn@yahoo.com](mailto:runnerforfunn@yahoo.com)

**Course information:** All races will be run on  
the trails in the park. These are mainly grass  
with some dirt path. 1 mile is a flat course and  
the 5k/10k routes include some hills. There will  
be water stops on the 5k & 10k.



**Registration**

Fee includes t-shirt & post race refreshments

<b>Please Select Race</b>	<b>Price</b>
<input type="checkbox"/> 1 Mile Run/Walk	\$10
<input type="checkbox"/> 5K Run or <input type="checkbox"/> 10k	\$20
<input type="checkbox"/> \$5.00 Total Family Discount— 3 or more-immediate/same household	-\$5
\$2.00 Discount for Homestead— Run Club Members <b>5K/10K Only</b>	-\$2
Late and Race Day Registration add \$5.00 <b>After October 17, 2014</b>	+\$5
<b>TOTAL</b>	<b>\$ _____</b>

Please select shirt size(s) soft-blend fabric unisex:  
YS YM YL S M L XL XXL

\*One entry form per person

Name M/F Circle One Age (on race day)

Address

City, State, ZIP

Phone

Emergency Contact Name/Phone

E-mail Address

Make Checks Payable to:

**Homestead Running Club**

Sign Waiver/Release on the back and Mail to:

Homestead Running Club

933 Prairie Lane

Beatrice, NE 68310

Submit registration form and fee postmarked by

**FRIDAY, OCTOBER 17, 2014**

For early registration